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WILL AND JADEN GET JIGGY WITH METRO

THE DUO WILL JOIN US FOR AN EARTH DAY ISSUE. PAGE 05

metro®
BOSTON Monday, April 15, 2013 | www.metro.us | t: MetroBOS | f:MetroBoston

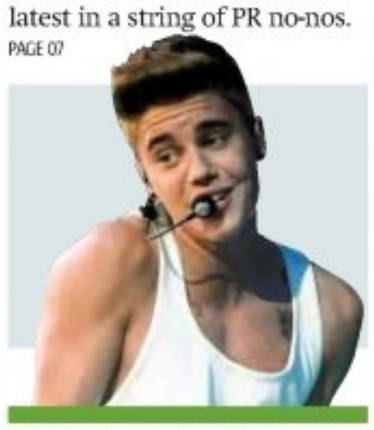
Just one goal in sight: Cross the finish line

Boston Marathon 2013. Metro has everything you need to make the most out of Marathon Monday. Find out which runners are the ones to watch, what locations are the best to watch them from and what delicious dishes you can eat as they run by. **More revelry.** What do you think — does all of this contribute to Patriots Day being the best day for sports in Boston? PAGES 11-14, 20

The Kenyans are once again the ones to watch in today's 117th running of the Boston Marathon. / GETTY IMAGES

How will Bieber offend us next?

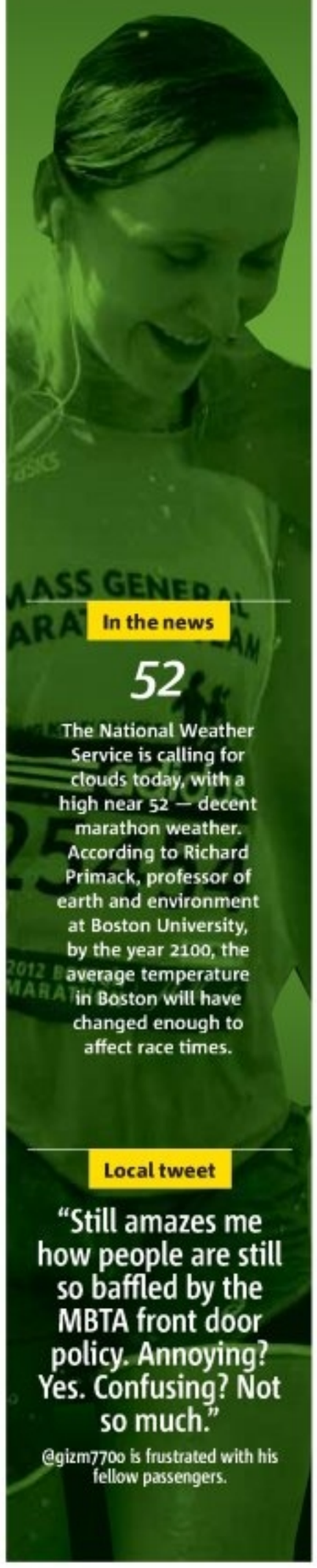
Anne Frank comment is the latest in a string of PR no-nos. PAGE 07



All is right these days on Yawkey Way

A year after Bobby V's biggest blowup, the Sox are drama-free. PAGE 20

1 NEWS



In the news

52

The National Weather Service is calling for clouds today, with a high near 52 — decent marathon weather. According to Richard Primack, professor of earth and environment at Boston University, by the year 2100, the average temperature in Boston will have changed enough to affect race times.

Local tweet

"Still amazes me how people are still so baffled by the MBTA front door policy. Annoying? Yes. Confusing? Not so much."

@gizm7700 is frustrated with his fellow passengers.

Transportation plan moves to conference committee

Roads and rails.
The Senate passes a transportation bill with new amendments on the T station naming rights.

During a rare Saturday session, the Senate cleared a transportation bill that would raise gas, tobacco and business taxes in Massachusetts by $500 million and eventually deliver up to $800 million a year in new revenues for transportation.

The measure also calls on the MBTA to consider selling naming rights for subway and commuter rail stations and other advertising on the transit system, which supporters argue could generate as much as $20 million.

Gov. Deval Patrick, who criticized the House for a similar tax bill that he vowed to veto, was more supportive following Saturday's vote.

"Experts agree that we need approximately $1 billion more a year ... to give our citizens a safe, functional, modern transportation system to keep pace with a growing economy," he said. "[The] Senate bill is a significant step in that direction and I commend [their work.]"

According to a State House News report, a speech in opposition to the gas tax drew applause from the gallery and chants of "No new taxes." A woman reportedly lashed out at the chamber, telling legislators to "think about your children and your grandchildren when you take these votes, you idiots."

Senate President Therese Murray later told reporters, "You might not have seen what was going on, but we were getting Nazi salutes from the people in the corner and some really vulgar language before they disrupted."

The bill will is now slated to go to a joint House-Senate conference committee.

MORGAN ROUSSEAU
morgan.rousseau@metro.us

Supporters of the Senate's bill said $20 million for the T could be generated by selling naming rights to MBTA stations.
NICOLAUS CZARNECKI, METRO

Menino has surgery for broken leg

Menino began walking with a cane in recent months.
NICOLAUS CZARNECKI, METRO

Mayor Thomas Menino is expected to make "a full and complete recovery" after twisting his right ankle and fracturing his distal fibula.

According to doctors at Brigham and Women's Hospital, Menino, 70, underwent a short surgery Saturday to place a plate and screws to repair the broken bone.

"He tolerated the surgery well and without complication. He is resting comfortably now. He will be in a walking boot and will require the use of crutches for the next couple of months," said Mitchel B. Harris, the hospital's chief of orthopedic trauma service.

Quoted

"He's very frustrated, but overall, he's trying to make the best out of everything. As one of the doctors said to me, he's had some bad luck."

Joyce

"He's very frustrated, but overall he's trying to make the best out of everything," Menino spokeswoman Dot Joyce told The Boston Globe after the injury. "As one of doctors said to me, he's had some back luck."

On Saturday, someone from Menino's camp tweeted, "Thanks to all for well wishes. Surgery to repair fracture of distal fibula went well & without complication. Mayor is resting comfortably."

The injury occurred Friday morning while walking into an event at the Joseph Lee School in Dorchester.

He fell to the ground and did not make it into the event.

Menino then went to City Hall and iced his leg but sought treatment when the pain did not subside.

MORGAN ROUSSEAU

Running to the altar

Boston Marathon runners to wed

A Dallas couple is planning to run today's 26.2-mile marathon, then get hitched, NECN reported. Kerri Johnston and Robert Watling's first date was a 5K, and they got engaged at the Chicago Marathon. METRO

Marathon boozing

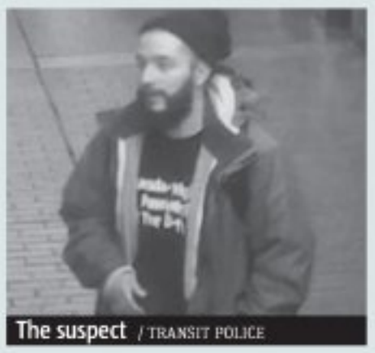
Police to increase Marathon patrols

Boston Police said they will increase patrols today along the Boston Marathon route and at local bars to ensure that spectators adhere to all alcohol laws. Public drinking will not be tolerated, police said. METRO

Double stabbing

MBTA seeks stabbing suspect

Transit officials are searching for a man who allegedly stabbed two men at the Downtown Crossing T station. The attack happened around 10 p.m. Wednesday after the victims were accosted on the train. METRO



The suspect / TRANSIT POLICE

Midnight ride

Cyclists bike marathon route

Hundreds of cyclists were expected to turn out last night for the 2013 Boston Midnight Marathon Bike Ride. The ride takes Boston-area cyclists along the Boston Marathon's 26-mile route. METRO

Woman running for suicide prevention

Causes. Marathon runner remembers friend's daughter who committed suicide.

Like many others today, Helene Newberg is running for a cause.

"I really wish I wasn't running because somebody committed suicide," said Newberg, an Arlington resident.

She's spent the last year raising $7,000 for Samaritans, Inc., a local organization dedicated to preventing suicide and supporting those affected by it. She is one of 17 runners to participate in the fundraiser, which so far has raised more than $60,000.

It was during last year's Marathon that Newberg decided to check her Facebook feed for updates on the race.

"I started seeing news about a suicide in a pond one mile from my home. When I found out what happened, I couldn't believe it; it was very sad. She was 16 years old and had everything going for her," Newberg said of Shaira Ali, a friend's daughter who killed herself.

Today will be Newberg's first time taking on the Boston Marathon.

"I'm not saying, 'Yippee, I'm running the Boston Marathon,' because I really wish I was running for any reason but this one."

Helene Newberg of Arlington

HELENE NEWBERG, SAMARITANS, INC.

Quoted

"I'm not saying, 'Yippee, I'm running the Boston Marathon,' because I really wish I was running for any reason but this one." Newberg

MORGAN ROUSSEAU
morgan.rousseau@metro.us

Breaking barriers

Dwarfs to run Boston Marathon

Two Boston-area dwarfs today will become the first on record to run the Boston Marathon, the Globe reported. Juli Windsor, 27, of the South End and John Young, 47, of Salem, both qualified by running previous marathons.

The Dwarf Athletic Association of America is unaware of any other dwarf running a marathon.

GLOBE

Medical research

Mass. General creates working rat kidney

Researchers from Massachusetts General Hospital yesterday announced progress in their effort to build replacement organs — a working bioengineered rat kidney.

The kidney, when transplanted into a living animal, was capable of producing urine.

GLOBE

New 'bubblah' makes its debut at Artesani Park

The state Department of Conservation and Recreation and New Balance yesterday opened a new year-round, three-faucet drinking fountain at Artesani Park to help hydrate runners, walkers and pets. Precious seemed to enjoy wetting her whistle. NICOLAUS CZARNECKI,METRO

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Gun legislation. Toomey expects Senate vote on background checks

Sen. Pat Toomey said yesterday that the U.S. Senate is likely to vote this week on a compromise provision that would expand background checks for gun purchasers.

"We expect a vote this week," the Republican from Pennsylvania said on CNN's "State Of The Union" program. "It's not certain as to exactly when. I think Wednesday's probably the most likely day for a vote."

Toomey and Democratic Senator Joe Manchin crafted legislation that would require background checks for firearms sales over the Internet and between private parties at gun shows. Noncommercial person-to-person firearms sales wouldn't be covered, a trade-off Democrats made to win Republican support. BLOOMBERG

The Senate voted 68-31 to begin debate on a bill that would significantly expand background checks for gun sales. / GETTY IMAGES

Texas killings

Investigation into prosecutor slayings quickens

The investigation into the shooting deaths of two Texas prosecutors continued yesterday, following the arrest of a former justice of the peace whose home was searched during a probe into the slayings.

Residents of Kaufman, Texas, and local media have been buzzing over the arrest of Eric L. Williams, 46, who was booked into jail on Saturday on a charge of making a "terroristic" threat. REUTERS

Kerry says US ready to 'reach out' to N. Korea

Conflict. Kerry said the United States would "do what was necessary" to defend allies but added: "Our choice is to negotiate."

South Korean soldiers patrol on the South Korea-controlled island of Yeonpyeong near the disputed waters of the Yellow Sea. / GETTY IMAGES

U.S. Secretary of State John Kerry yesterday stressed that the United States is willing to engage with North Korea as long as it takes steps to give up nuclear weapons.

He also vowed that Washington would protect its Asian allies against any provocative acts, but said it wants a peaceful solution to rising tensions in the region.

"We are prepared to reach out, but we need [the] appropriate moment, appropriate circumstance," Kerry said, adding that North Korea had to take steps toward giving up its nuclear programs.

"They have to take some actions. Now, how many and how much I want to have a discussion with folks back in Washington [about]. ... But they have to take action," he added.

The North has threatened to attack the United States, South Korea and Japan since new U.N. sanctions were imposed in response to its latest nuclear arms test in February.

"It is really unfortunate that there has been so much focus and attention in the media and elsewhere on the subject of war, when what we really ought to be talking about is the possibility of peace. And I think there are those possibilities," Kerry earlier told a news conference in Tokyo after a meeting with his Japanese counterpart, Fumio Kishida.

Kerry was in Japan for the final stop on an Asian tour aimed at solidifying support for curbing North Korea's nuclear program, and reassuring U.S. allies.

The Pentagon in recent weeks has announced plans to position two Aegis guided-missile destroyers in the western Pacific and a Terminal High Altitude Area Defense (THAAD) missile defense system in Guam.

Kerry said he might consider using someone other than an official U.S. government envoy to reach out to the North and he left the door open to a negotiation with the North that might not require them to take denuclearization steps in advance. REUTERS

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Will Smith music quiz

Match songs to the lyrics:

THE SONGS
"Men in Black"
"Gettin' Jiggy Wit It"
"Miami"
"Parents Just Don't Understand"
"Boom! Shake the Room"

THE LYRICS

1 "Women used to tease me
Give it to me now nice and easy
Since I moved up like George and Weezie"

2 "Pay attention, here's the thick of the plot
I pulled up to the corner at the end of my block
That's when I saw this beautiful girlie who was just walking
I picked up my car phone to perpetrate like I was talking"

3 "Smooth and individual
Rhymes always original Like the Dr. Jekyll man and this is my Hyde side
I am the driver and you're on a rap ride"

4 "So I'm thinking I'm a scoot me something hot In this south-sea meringue melting pot

The Fresh Prince / GETTY IMAGES

Hottest club in the city and it's right on the beach
Temperature get to ya it's about to reach
Five-hundred degrees"

5 "Let me see ya take a walk with me, just walk it with me
Take a walk with me c'mon
And make your neck work
Now freeze"

CORRECT ANSWERS
1. "Gettin' Jiggy Wit It"
2. "Parents Just Don't Understand"
3. "Boom! Shake the Room"
4. "Miami"
5. "Men in Black"

Tomorrow, look for a Will Smith timeline. Remember "Wild, Wild West"?

"After Earth" will star Jaden Smith and his father, Will Smith. /GETTY IMAGES

Two Smiths, one big Metro issue

Special guests. Jaden and Will Smith will join Metro for our Earth Day edition!

Big news for fans of the Smith family: Metro International today announces that Jaden Smith will join forces with his father, Will Smith, as special guests of Metro April 22.

The Smiths will riff off the theme of "the future," creating exclusive content in honor of Earth Day and the duo's action film "After Earth." Their film is set on — yes — Earth, 1,000 years after humanity has fled, with Jaden on a mission to find help for his injured dad, battling animals and an alien.

As special guests, Jaden and Will Smith will imagine what the world will look like hundreds of years from now, when it comes to environmental impact, as well as advances in technology, transport and media. The pair will also sit for an exclusive Q&A with Metro. All content will run in Metro's print and digital editions around the world.

"There are some things only the world's largest newspaper can do," says Metro's Global Editor-in-Chief Margaret Samways. "And given our global reach, we're thrilled Jaden and Will can contribute to an issue pegged to Earth Day. Especially before the aliens arrive."

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The balancing act: Six tips for working students

Balancing the school/work lifestyle can be tricky – especially if you are also involved in extracurricular activities or volunteer work. Finding the time do everything while still maintaining a good GPA can be possible if you follow these tips. LEAH RUEHLICKE

GETTY IMAGES, INGRAM PUBLISHING

1 Have a schedule

Everyone has their own strategies for success. Some students wake up early and get a few hours of essay-pounding in before heading to work at noon, while others like to hit the library after their 9 p.m. class and work with no one else around. Find out what works best for you and then schedule your time accordingly. Aiming for a four-hour shift, a squash game and a finished assignment all in one day? You can do it if you make a plan for your day and stick to it.

2 Turn off the TV

Studying with your classmates while "Friends" is playing in the background and your roommate is on the phone may be OK when you have hours to spare. But working students don't have the luxury of time, so it's important to make every second of studying really count. Turn off the tube and focus when you're hitting the books. Your brain capacity — and your grades — will improve.

GETTY IMAGES

3 Stay off Facebook

You can lose hours of study time trolling Facebook. When you have a job to get to by 3 p.m., that is not an option. Instead, allow yourself to take Facebook breaks. After finishing a couple paragraphs on your paper, or in between chapters, check out that photo album from Saturday night. Having a reward coming (even if it is 10 minutes of creep time on social media) will make you work faster.

4 Learn to prioritize

Try making a list of everything you need to get done in your day in order of importance. This way, you can make sure you get around to all the things that absolutely need to be finished. It's tempting to clean your room, do the dishes and tackle everything on your list that requires the least amount of brainpower, but doing this will only stress you out later when you're stuck with all the difficult tasks at once. Mix it up a bit.

GETTY IMAGES, FUSE

5 Make the most of your travel time

If you have a 20-minute commute on the city bus to get to your part-time job, bring some readings with you. Sure, 20 minutes isn't very long — but it's 20 minutes less of reading you'll have to finish later. Plus, your commute will go a lot faster.

GETTY IMAGES

6 Be realistic

You'd love the extra cash, but working 30-hour weeks while still attending class every day is going to be a little too much. Discuss with your boss the maximum number of hours you are able to work each week and give them a copy of your class schedule. Most student jobs are extremely accommodating of this and will encourage you to prioritize school.

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1 Anne Frank: The ultimate Belieber?

Justin Bieber visited the Anne Frank House in Amsterdam on Saturday. According to the Facebook page for the museum, he wrote the following in the guest book: "Truly inspiring to be able to come here. Anne was a great girl. Hopefully she would have been a belieber.'"

Ick! Friends, he seriously said that. Seriously. Someone needs a little lesson in humility and reverence. But, because this is The Word, we can't let this go. So, in honor of his out-of-control ego, we've put together a look of what he'd say at other sacred sites to make it all about the Biebs.

Hiroshima: "Sorry, people of Hiroshima. Maybe if I was around back then, I could have saved you all, since my music is the bomb."

Mount Sinai: "Moses might have 10 commandments, but I only have one: Thou shall not film me smoking pot."

Visiting the devastation wrought by Hurricane Sandy: "I wish you had all been blown away by my music instead."

Bieber at the Berlin Wall: "Ich bin ein Belieber."

2

THE WORD

Dorothy Robinson's take on the world of gossip

DOROTHY ROBINSON
@dorothyatmetro
dorothy.robinson@metro.us

Styles going to strip clubs?

Harry Styles is 19 and rich, and he had to spend a night in Newcastle, somewhere in the U.K., after a concert — so of course he enjoyed a lap dance. At least, that's according to the Sunday Mirror. "I had done a striptease and showed my boobs. He walked up to me and said, 'Hi, I'm Harry. I have just done a gig in Newcastle.'" said the stripper. "I couldn't believe Harry Styles wanted to spend time with me." Then they did shots. Styles' spokesperson denies the story.

Taylor Swift outsells her exes

Taylor Swift reportedly has a long list of famous exes, and maybe she's better off without them. Perez Hilton points out that, according to new data, her "Red" tour is currently outselling tours from ex Joe Jonas and the Jonas Brothers (by 19:1) and John Mayer (57:1).

Meanwhile, Harry Styles' One Direction outsells Swift, but, according to Hilton's math, you've got to divide that by five bandmates and their hair gel costs. Swift's in the black.

3 Kardashian and West: Babies in Paris?

Sacre bleu? Kim Kardashian and Kanye West were checking out maternity wards in Paris, according to TMZ, leading the site to speculate that perhaps they'd have their baby there. (It's a city also known for its fashion and strict paparazzi laws.) Then again, Kim just tweeted from a city that sounds a bit more likely, given the parents: beautiful Las Vegas.

2 CULTURE

Twitter feed

Checking in with some of Hollywood's biggest names to see what they've been up to — in their own words, in 140 characters or fewer.

Today, Paris Hilton gets deep, Albert Brooks discusses foreign policy, Alan Tudyk goes to the movies, and "Mad Men" actor Rich Sommer hangs with a "Modern Family" star.

@parishilton: The best proof of love is trust. -Joyce Brothers

@albertbrooks
Hello it's North Korea?
Hi, it's China.
Oh, hi.
Cut it the eff out.
Okay.

@alan_tudyk: "42" opens today. It picks up right where 41 left off.

@richsommer: @ericstonestreet drunk

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Where to watch the Marathon

If the weather is right, wouldn't it be marvelous to sit at Towne Stove and just sip libations while people way more fit than you run by? / CONTRIBUTED

Dining and drinking. You aren't running 26.2 miles this year, so why not just indulge while you watch others do the physical stuff.

Metro decided to leave the running to those better prepared and instead embark on a marathon bar crawl along the route. By the time the first marathoners reach Brookline — around 11 a.m. — the **Fireplace**'s outdoor grill will be fired up, as normal lunch service is swapped to cheer on the athletes by giving them a waft of barbecue as they run by. Goodies include grilled vegetable sandwiches and Creekstone Farms short rib sandwich with creamed horseradish.

Just past mile marker 25, **An Tua Nua**'s two-story window walls offer race viewing, while its signature meatball selection offers a Marathon chicken and mozzarella special served on Iggy's baguette. As the marathon hits Kenmore Square, crowds start to thicken. Get to **Eastern Standard** early to secure a patio table for curbside race views. (It opens for breakfast at 7 a.m., but that might be a little extreme … or not.) Indulge in a leisurely brunch, say an egg "dish" like the Vin Amer Fizz, comprising housemade vermouth, apricot brandy and champagne, topped with egg white foam.

Towne Stove and Spirits' patio and bar offer a comfy seat for the final stretch. Figuring that we all need carbs in honor of these magnificent runners, chef Lydia Shire and company have a quartet of pasta specials, including ricotta and lemon ravioli with asparagus and chervil, and fettuccine Alfredo with poached soft egg and truffle.

M Bar won't have any specials for Marathon Monday, but the window seats are perfect for race watching — come rain or shine. Set a block away from the finish line, inside the Mandarin Oriental, floor-to-ceiling windows bring the action into the room. Get your toasts ready: Go pink with Mumm or Veuve rosé.

There probably isn't a better spot to catch the last drop of sweat than **Solas**' patio, but New Balance has rented it for a private party. However, **City Bar** and **City Table** have it covered. **City Table** usually opens for dinner only, but it will open for the day Marathon Monday, serving up menu favorites like the indomitable jerk chicken mac-and-cheese and vegetable risotto with beets and escarole. As the athletes may or may not say: Fuel up, chow down.

LINDA LABAN
linda.laban@metro.us

If you go

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www.antuanuabar.com

Eastern Standard
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617-532-9100, www.easternstandardboston.com

M Bar
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617-535-8800, www.mandarinoriental.com/boston

Towne Stove and Spirits
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Here's your guide to the

Getting there

Taking the MBTA on Marathon Monday

Streets will be closed off to traffic and thousands of spectators will be cluttering the MBTA to get to the big race today.

In anticipation of the overflow of customers, transit officials have announced special services on the T for the Boston Marathon.

Extra T officials and transit officers will also be on hand to herd the masses and help out.

So load up your CharlieCard in advance, or else risk getting stuck in an endless line to board the train.

Subways:

- The Red, Blue, Orange, Green and Mattapan lines will operate on a regular weekday schedule with extra service before and after the Marathon. Copley Station will be closed all day.
- Due to road closures, Green Line stops at South Street, Kent Street and St. Mary's will be bypassed from 10 a.m. to 3 p.m. The Berkley Street entrance/exit of Arlington Station will remain closed. The "B" section of Hynes Convention Center located on Boylston Street will be available for exit only.

Buses:

- Customers are encouraged to check T-Alerts and MBTA.com throughout the day for up-to-the-minute information.
- While, buses and trackless trolleys will operate on a Saturday schedule, many trips will be rerouted at certain times and locations during the day to prevent disruption of the race.

Places to watch

Wellesley College, Wellesley:

The excitement from the college crowd, many offering runners a kiss, is contagious at the halfway mark.

Heartbreak Hill, Newton:

There's no shortage of pained expressions as runners push uphill. They'll need all the shouts of support they can get.

Coolidge Corner, Brookline:

There are crowds, but not as crazy as the spots downtown, as well as a variety of good bars and restaurants.

Boylston Street, Boston:

If you don't mind the crowds and you're an early riser, watching from Boylston as the runners turn the corner for the final stretch is one of the best places to be.

The start

1. The historic course starts on Main Street in the rural town of Hopkinton and follows Route 135 through Ashland, Framingham, Natick and Wellesley to where Route 135 joins Route 16.

1

The route

2. It continues along Route 16 through Newton Lower Falls, turning right at the fire station onto Commonwealth Avenue, which is Route 30.

3. It follows Commonwealth Avenue through the Newton Hills, bearing right at the reservoir onto Chestnut Hill Avenue to Cleveland Circle.

4. The route then turns left onto Beacon Street continuing through Kenmore Square, and under Massachusetts Avenue.

5. The course turns right onto Hereford Street (against normal traffic flow) then left onto Boylston Street, finishing near the John Hancock Tower in Copley Square.

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The Marathon

According to the Boston Athletic Association, the Boston Marathon is the world's oldest annual marathon and ranks as one of the world's most prestigious road racing events. The Boston Marathon has distinguished itself as the pinnacle event within the sport of road racing by virtue of its traditions, longevity and method of gaining entry into the race (via qualification).

By the numbers

27,000
Number of official participants in the 2013 Boston Marathon

26
Number of American Red Cross first aid stations along the course

12,500
Number of runners who participated in a pre-race pasta dinner held last night

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Be on the lookout for these runners today in Boston

Shalane Flanagan / GETTY IMAGES

Team Hoyt / GETTY IMAGES

Team Newtown Strong is dedicating a mile to each victim of the Sandy Hook massacre.
GETTY IMAGES

Boston Marathon. Korir is looking for his second straight victory in the men's field while Kenya's Cherop looks for her second straight Boston win.

There's no day quite like Marathon Monday in Boston, where people from all over the world take to the streets to run 26.2 miles from Hopkinton to Copley Square.

While it's a grueling period of time for some, it's a day of celebration for everybody – with the Red Sox game wrapping up just in time to catch runners making their way past Kenmore Square and down the home stretch.

If you're looking for motivation to get your butt in gear, this is a good place to find it. Here are some people — and scenes — to look for.

The frontrunners

Pick a spot along the Marathon route early to catch these world-class runners earlier in the day. On the men's side, defending 2012 champion Wesley Korir of Kenya returns, as well as 2010 winner, Robert Kiprono Cheruiyot of Kenya. What about the American men? Well, a few at the top have pulled out due to injuries, including Ryan Hall. But Jason Hartmann, who finished first among Americans last year (fourth overall), looks like the best shot.

The American women should be well represented near the top. Shalane Flanagan, from Marblehead, Mass., will be making her Boston Marathon debut, having already represented Team USA at the 2012 Olympics in London, where she finished tenth in the marathon run. She'll be joined by fellow American Kara Goucher, who has been hot on Flanagan's trail recently. Goucher finished eleventh in London last year. Can either of them beat defending champion, Sharon Cherop of Kenya?

Team Hoyt

In 1977, Rick Hoyt, age 15 — through a computer — told his father, Dick Hoyt, that he wanted to run in a 5-mile benefit run. Rick is a quadriplegic with cerebral palsy — he can't walk or speak. Since that day, Dick has pushed Rick through more than 1,000 races, including marathons and triathlons — and a trek across America. On Monday, the two will participate in their 31st Boston Marathon. Last Monday, Team Hoyt was honored with a statue at the Boston Marathon start line. Dick is now 72 years old.

Team Newtown Strong

No one will ever forget the tragic shooting in Newtown, Conn., that killed 26 children and adults at Sandy Hook Elementary School last December. This year at the Marathon, there's a team of runners dedicating a mile to each victim and raising money for the Newtown Strong Fund. The 26 Mile marker has also been designed to honor the victims.

JIMMY TOSCANO
sports@metro.us

By the numbers

26

Team Newtown Strong is dedicating each mile to one of the 26 victims of the December Sandy Hook massacre.

1,000

Dick Hoyt has pushed his disabled son Rick through 1,000 races.

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Robinson film hits it out of the park

Box office. The Jackie Robinson biopic "42" shuts out opponent "Scary Movie 5" this weekend.

Chadwick Boseman embodies Jackie Robinson in the baseball saga "42," which many of you saw this weekend. / WARNER BROS. PICTURES

Baseball drama "42," the story of Jackie Robinson becoming the first black player in the major leagues more than 60 years ago, took home a win at the movie box office after scoring $27.3 million from weekend ticket sales in the United States and Canada.

The film about the Hall of Fame player topped industry forecasts for an opening of about $20 million. It defeated new horror spoof "Scary Movie 5," the second-place finisher with $15.2 million, from Friday through Sunday, according to studio estimates.

Animated Stone Age adventure film "The Croods" took the No. 3 slot. The Dreamworks Animation production rung up sales of $13.2 million in its fourth week for a total of $142.5 million in the U.S. and Canada.

In international markets, Tom Cruise sci-fi thriller "Oblivion" debuted with $61.1 million in 52 countries, distributor Universal Studios said. The film opens in the United States and Canada on Friday.

Audiences thought "42" was a home run, awarding a rare A+ rating in polling by survey firm CinemaScore. Critics also gave it high marks, with 75 percent recommending the movie among reviews on the Rotten Tomatoes website.

"Scary Movie 5" revived a franchise that was dormant for seven years after the first four films grossed a combined $818 million worldwide.

In fourth place was action movie sequel "G.I. Joe: Retaliation," which earned $10.8 million during its third week in theaters.

Last week's box office winner "Evil Dead" fell to fifth place this week, taking in $9.5 million. The horror film is a remake of Sam Raimi's 1981 horror classic. **REUTERS**

TV watch list

MINISERIES

'The '80s: The Decade That Made Us'

This decade-centered doc series is narrated by Rob Lowe, which strikes us as a waste of Rob Lowe's looks.
SERIES PREMIERE, 9 P.M., NGC

REALITY

'Scam City'

A rundown of the shady tactics of thieves and crooks worldwide. Finally, a nifty how-to on petty crime.
SERIES PREMIERE, 10 P.M., SCIENCE

REALITY

'Sins & Secrets'

This program focuses on the effects of grisly crime on towns. Finally, a chance to learn about Newry, Maine (population: 329).
9 P.M., ID

Jason Segel (plus baby, plus hot woman) is still a presence on "How I Met Your Mother." / CLIFF LIPSON

REALITY

'Burger Land'

Burger expert George Motz travels the country to sample the goods. Is there a better job to train for?
10 P.M., TRAVEL

COMEDY

'How I Met Your Mother'

Lily (Alyson Hannigan) grapples with the decision of whether or not to move to Rome for her job as an art consultant. Is she willing to do as the Romans do?
8 P.M., CBS. NATALIE SHURE

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Kim Schneiderman, MSW, LCSW, is a psychotherapist and former journalist with a private practice in New York City.

Your thoughts aren't what make you who you are

Seventeenth-century French philosopher Rene Descartes is famously quoted as saying "I think, therefore I am." But the latest psychological research suggests otherwise — that we are not our thoughts or our feelings. In fact, the research points more to what Buddhists and meditators have known for years — that our minds effortlessly produce an endless stream of both positive and negative thoughts and emotions that are pretty much beyond our control.

Sad, mad, glad, bad (feeling guilt or disgust) and afraid are the primary colors of human emotions. We can expect to cycle through variations of these feelings several times on any given day, week or month. Just as our thoughts trigger feelings (believing something is wrong with us makes us feel bad), our feelings conversely trigger thoughts (a feeling of sadness may prompt us to find an explanation).

The question

Last week, while everyone was enjoying the spring weather, I was in a really bad mood. Everything was bugging me — my noisy neighbors, my kids' complaining, my allergies, my mounting bills and my endless to-do list. I should have been happy, but instead I was drowning in negativity. Is there something wrong with me?

In her book "Radical Acceptance," psychologist and meditation teacher Dr. Tara Brach talks about the "trance of unworthiness" that comes about when people criticize themselves for experiencing undesirable but perfectly natural emotions. Drawing from Buddhist wisdom, she notes that emotions are nothing but body sensations, which are, by nature, fleeting. Instead of recognizing them for what they are, we make ourselves feel worse when we react to them and give them power to define us, believing that our negative thoughts make us a bad person.

What's more, Brach notes the more we resist our sensations through distractions, the more they persist. Instead, she suggests welcoming the full range of human experience by assuming a practice of "saying yes," to whatever thoughts and feelings arise in the moment — yes to the noisy neighbors, yes to complaining kids, yes to dread about mounting bills and even yes to allergies.

Noticing and welcoming our experiences doesn't necessarily solve the problem of how our bills piled up or why our children are complaining. But eliminating the layer of resistance allows us to soften into a gentler way of being so that we are less reactive and have more energy to face life as messy and wonderful as we find it.

Emotions are fleeting. Don't give them the power to define you.
THINKSTOCK IMAGES

— This column is not intended to be used as a substitute for a private consultation with a mental health professional, nor is this therapist to be held liable for any actions taken as a result of this column. If you have any concerns related to the content of this column, make an appointment with a licensed mental health professional. Metro does not endorse the opinions of the author.

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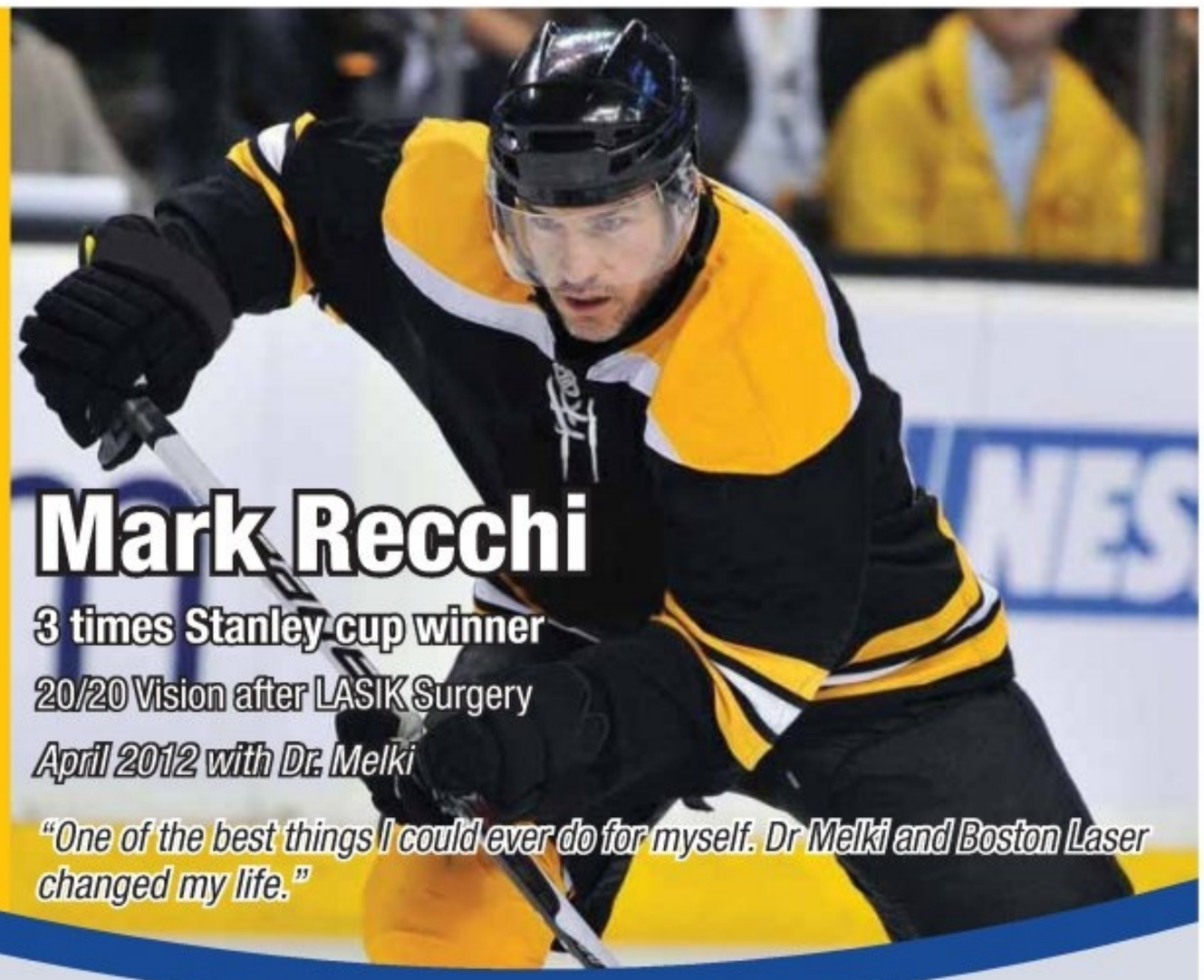

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Horoscope

♈ Aries | March 21 - April 20. Get an early start to maximize the results of a big project. You'll take control of events and be a bit bolder than usual.

♉ Taurus | April 21 - May 21. When negotiating an important business matter, don't tip your hand. Your chances for getting a good deal can be enhanced if you play your trump card last.

♊ Gemini | May 22 - June 20. Because you'll express your thoughts in such a self-assured manner, associates are likely to look to you for leadership. Plan something fun.

♋ Cancer | June 21 - July 22. An exciting occurrence could ignite a new career ambition. Strike while the iron is hot, and get to work.

♌ Leo | July 23 - Aug. 22. Take time to exchange viewpoints with a person whose intelligence you respect. Even if your opinions aren't in perfect harmony, you'll still gain some valuable information.

♍ Virgo | Aug. 23 - Sept. 22. An associate who recently accomplished something that you've always wanted to do could be a valuable inspiration. Don't be afraid to go for the brass ring.

♎ Libra | Sept. 23 - Oct. 22. Once you think things through and made a decision to try something new, don't lose heart. To be successful, you need to have the courage of your convictions.

♏ Scorpio | Oct. 23 - Nov. 21. Your greatest asset today is your ability to transform what appears to be outmoded into something that is useful and functional.

♐ Sagittarius | Nov. 22 - Dec. 21. Everything should work out well in situations where you have to deal with someone on a one-on-one basis.

♑ Capricorn | Dec. 22 - Jan 20. Others might allow a lot of grass to grow under their feet, but not you. Even if you have an unusual amount of work, you'll find a way to do it.

♒ Aquarius | Jan. 21 - Feb 18. You won't intentionally put on airs, but your style might be more flamboyant than usual. It's OK, because it will command attention in a positive way.

♓ Pisces | Feb. 19 - March 20. Because the trends favor you, you're likely to fare better in commercial dealings today than you will tomorrow. Do everything that needs doing while the fates are working to your benefit. **BERNICE BEDE OSOL**

Letters

Thatcher praise a bit overdone

Re: "Iron Lady beats Iron Curtain" (Metro, April 12-14) I must assume that letter-writer Frederick Beddell Jr. is an American, since we English folk don't often use the "Jr." after someone's name, and that would explain quite a lot. Mr. Beddell's comments would not have come from any person, even a revisionist Conservative, who had lived through the Thatcher years in England as I did. Nowadays, even those in England who supported her at the time, and did extremely well from her, have had some very harsh words to say about what she did and how she did it. The culture of selfishness is now recognized even by right-wing thinkers in the U.K. as the wrong approach.
MARTIN LAST, VIA E-MAIL

Treat bikes like vehicles

If people want to ride bicycles in the city, they need to have insurance just like everyone operating anything that can hit a car or people and cause considerable damage. It's not just based on if it has a engine or not. People need to require some type of training in order to get a bike license.
DERRICK ROUSSEAU, VIA E-MAIL

People should be up in arms about cars

Why are the American people and politicians only talking about restrictions on guns and not automobiles? Automobiles kill more people every year than guns. In 2012 there were more than 70,000 people killed while only 30,000 people were killed by guns. It's healthier to walk and take the bus or train.
JOHN STUHR, VIA E-MAIL

letters@metro.us

Keep them a brief as possible, preferably under 100 words. Metro reserves the right to edit all letters. Please include your name and contact info.

Sudoku: Easy and hard

		5		2				
	2	4			1			8
		9	7	5		1		6
	5					4		1
			4		2			
9		3					8	
4		8		1	7	2		
6			3			7	1	
				6		8		

		5				7		
		8		2	3	1	6	
	1			5	7	4		
		6	2					
3	8						4	7
					8	9		
		1	8	3			9	
	6	4	5	1		8		
		3				5		

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

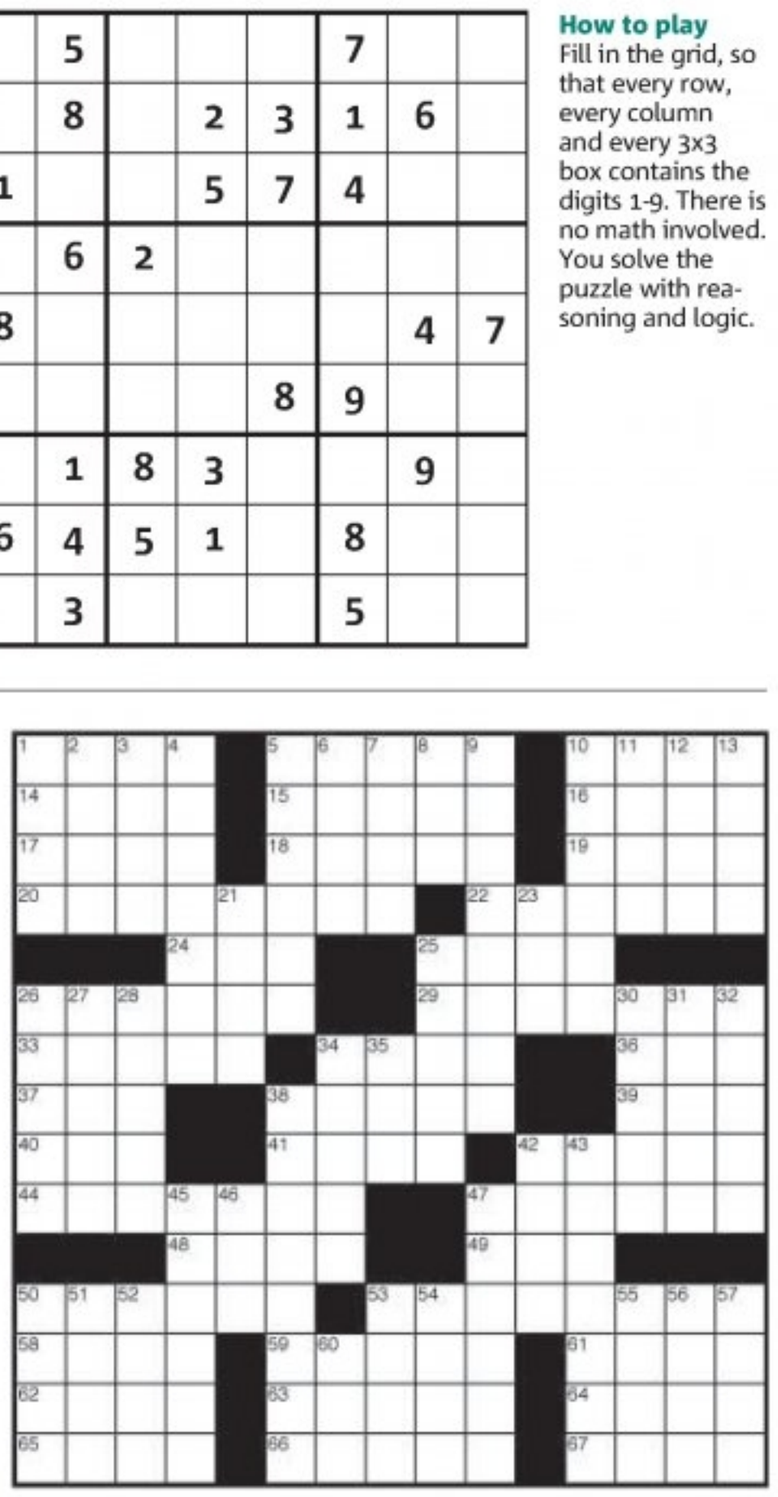
Crossword

Across

1 Bounce
5 Bill tack-on
10 Ricelike pasta
14 Cheek dampener
15 Parisian school
16 Going into overtime
17 Ben Affleck film
18 Cager's blunders
19 Matador's foe
20 Acting moody
22 Eloquent speaker
24 Excess
25 Gradual
26 Powerful beams
29 Shrill insects
33 Dodge
34 Before long
36 It may be fragile
37 Caesar's man
38 Monsieur's gesture
39 Gullet
40 Quiche base
41 Happy rumble
42 Kind of cuisine
44 Hostile forces
47 Ogled
48 Snowfall statistic
49 Screw things up
50 Got smaller
53 Blues or folk groups (2 wds.)
58 Puts the moves on
59 Gene Tierney film
61 Prefix for "trillion"
62 Baking-powder ingredient
63 Glorify
64 Green-egg layers
65 "— — grip!"
66 Taste or hear
67 Geodesic –

Down

1 Iffy attempt
2 "Quo Vadis" co-star
3 Villain in Shakespeare
4 Checked for typos
5 Tailors anew
6 Desktop symbol
7 Gridiron's – Flutie
8 House wing
9 Cobbler's job
10 NHL Senators' home
11 Funny person
12 Not any
13 Skunk's forte
21 Boldly attempt
23 Transport for Sinbad
25 Use Brillo
26 River embankment
27 Even up
28 Voltage jump
30 Object
31 Rock tumbler stone
32 Plant crops
34 "Be quiet!"
35 Ex-Bruin Bobby –
38 Flecks
42 Sage or basil
43 Filled with fizz
45 Swamp vapor
46 Motel of old
47 Envoy
50 Pirate's booty
51 Aperture
52 Send packing
53 A Peron
54 WWW addresses
55 Fictional sub commander
56 Oil barrel
57 Info request encl.
60 Guitar, slangily



Weekend's answer

H	U	H		B	O	S	S	A			M	O	R	E
U	S	A		U	R	A	L	S		C	O	M	E	R
F	U	M	A	R	O	L	E	S		A	N	N	A	N
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On the job

Working it

"Working it" is a new series where Metro sees what it's like to do a variety of jobs, from tech entrepreneurs to chocolatiers and working actors. If you have a job that you think people would want to know more about, email the editor at julia.furlan@metro.us.

This is the Bea Arthur who founded the Pretty Padded Room website. Don't get her confused with the late "Golden Girls" actress.

BEA ARTHUR

Her company Pretty Padded Room gives women a place to vent. She says being an entrepreneur can be a solitary experience.

'IT CAN GET LONELY'

Bea Arthur is the founder and CEO of Pretty Padded Room, a website that provides online therapy to women on their own time. We sat down with Arthur to ask about her experience running her own business.

When did you start your company Pretty Padded Room?
I just had the two-year anniversary of my business in February, and celebrated with a fancy meal and even fancier wine from Trader Joe's.

When you get to work, what's the first thing you do?
I start working as soon as I wake up. I know I should meditate or stretch instead, but I check emails, confirm meetings, and prioritize my to-do list for the day. I love checking off my to-do lists.

What's your favorite moment of the work day?
We have been able to help clients from all over the world in all kinds of circumstances, so I love it when I get a message from someone thanking us. We had a client in the United Arab Emirates tell us that therapy wasn't an option where she lived, so it was very nice to know that we helped her feel heard. It's not every day that we get one, but it's enough that it keeps me going on tougher days.

Q&A

What's been the most trying experience for you in running this business?
I recently went on a TV show, ABC's "Shark Tank," that I thought might ruin my reputation and that of my business. It was not as bad as I thought it would be and we got a lot of traffic to the site, so the consequences were minimal except that lots of people were suddenly offering me unsolicited advice, which was annoying for me. Actually, everyone thinks that's annoying – let's stop doing this!

What would people find surprising about your job?
I spend a lot of time alone. Even though my days are filled with meetings, connecting with clients and following up on leads, it's all done remotely. Entrepreneurship can definitely get lonely. I talk to myself a lot!

How do you feel your job affects the larger community?
Without sounding corny, I believe my team and I are making a difference in the world. With our little site, we've been able to provide therapy for people who wouldn't have had access to it otherwise. This is probably a poor choice of words, but it gets me high when I think of what we get to do. We've all had moments where we wanted to scream or cry, so being able to be there for someone during those moments means a lot to me.

TAYLOR REID
letters@metro.us

It's time to 'spring-clean' your career

It's that time of year again when we break out the cleaning products and industrial-sized trash bags. Consider refocusing that desire to tidy and reorganize. Whether you're in the midst of a job search or looking to improve your standing situation, a little elbow grease and polish will make your career shine.

If you're actively looking for a new job, Executive Director of Rollins MBA's Career Development Center Jane Trnka suggests reassessing your plan. "How many hours are you dedicating to your search? How are you allocating those hours? By creating a calendar, charting it out and making deliberate plans, you will avoid the 'I can do it tomorrow' self-talk and take productive action in a more timely manner." Cut down on the hours spent aimlessly surfing and search with precise goals in mind.

If you're employed but keeping an eye out for a more fulfilling position, take a good look at what you're putting on the Internet — it could be hurting you. Comb through your social media platforms and be sure they are scrubbed clean. "Be thoughtful about what you're posting on your own social channels," says Ben Martinez, HR director at the digital recruiting platform HireVue. "You might want to consider deleting some old items if you feel they won't go over well with a new boss," he adds.

If you're looking to dust off the cobwebs on your current position, it helps to be concise. Clear off the clutter and get to the heart of what your job is. Dorie Clark, marketing strategy consultant and author of book "Reinventing You: Define Your Brand, Imagine Your Future" explains the importance of a career's sharpened narrative. "Take control of your narrative by creating a one- or two-sentence statement that explains where you've been and how that uniquely positions you for the future," she says. Now you've got a sparkling view of how to move forward. JULIA WEST

Lose the bad habits

It wouldn't be spring-cleaning without a little purging. Joseph Grenny, co-author of the personal-improvement book "Change Anything," lists the five worst job-search habits. Haul these to the curb.

- Unreliability
- A "that's not my job" attitude
- Procrastination
- Resistance to change
- Negative attitude

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3 SPORTS

Revenge on the mind

Harrison to Cincy?

Former Steelers linebacker James Harrison is set to join Pittsburgh's division rival, the Cincinnati Bengals, after the Steelers cut him in early March. Harrison has reportedly had his mind-set on joining an AFC North team. He is expected to officially sign this week.

NBA Playoffs

Celtics to face Knicks

As was anticipated, the seventh-seeded Celtics will meet the second-seeded Knicks when the Eastern Conference playoffs begin next weekend. The Knicks took the season series from the C's, 3-1.

One year ago, Sox were a mess

John Farrell / GETTY IMAGES

MLB. The culture change that was promised appears to be paying off this season in Boston.

What a difference a year makes, especially when talking about the Red Sox.

One year ago at this time, then-manager Bobby Valentine went on WHDH's Sports Xtra and said the following about third baseman Kevin Youkilis: "I don't think he's as physically or emotionally into the game as he has been in the past for some reason."

The next morning, Patriots Day in Boston, second baseman Dustin Pedroia spoke about the comment saying, "I don't know what Bobby's trying to do. But that's not how we go about our stuff here."

That was the first major sign that things just weren't right with the 2012 club. Flash forward one year and look at the 2013 version of the Red Sox. The team has their manager's back and vice versa.

"We're starting to be tight-knit. Go booing any of our guys, we've got your back. Go booing our manager, we've got your back," first baseman Mike Napoli said following the early April trip to Toronto, in which manager John Farrell got the treatment from the Rogers Centre crowd.

RYAN HANNABLE
sports@metro.us

DRINK TO THIS: PATRIOTS DAY THE BEST SPORTS DAY OF YEAR IN HUB

Red Sox fans bolt Fenway to catch a glimpse of the Marathon. / GETTY IMAGES

Contrary to summer solstices and other scientific mumbo-jumbo, Marathon Monday aka Patriots Day, is the longest day of the year in Boston.

Obviously, it's a drawn-out affair for the runners. But it's also an excruciatingly painful 12-20 hours for the thousands of people who will flood the city today and make up for missed beers from St. Patrick's Day.

Yup, know this: Marathon Monday is not only the best drinking day of the year in the Hub, it's also the best sports day, period. Not so coincidentally, the two very much go hand-in-hand.

New Years Eve and St. Paddy's Day are the ultimate amateur holidays in the city. You truly haven't drank in Boston until you've chugged from a blue Solo cup along the Marathon route and/or channeled your inner Uta Pippig and relieved yourself in front of a mass of humanity in Kenmore Square on the third Monday in April.

Not a fan of watching 115-pound men and 95-pound women dash around the city streets? It's OK. There are plenty of other sporting options to quench your thirst. There's an actual major league baseball game in the city that begins before noon (today at 11:05 a.m. at Fenway Park, your Boston Red Sox host the Tampa Bay Rays). In fact it's become an annual issue for fantasy baseball geeks across the country to forget to set their lineups this morning and to swear the city of Boston up and down for having such a strange ritual.

Opinion

MATT BURKE

MATTHEW.BURKE@METRO.US

Kegs, eggs, running legs

Know this: Marathon Monday is not only the best drinking day of the year in the Hub, it's also the best sports day, period.

The best Boston sports day of somewhat recent memory had to have been Patriots Day 2009. The Sox clobbered the Orioles, 12-1, early in the day and 37,000-plus walked over the Mass Pike and into Kenmore Square to catch a glimpse of some of the best athletes in the world sprint past them.

For the sports fans/booze bags that properly paced themselves, they were treated to two thrilling playoff games by the Bruins AND the Celtics on that magical April night. The B's beat the rival Canadiens, 4-2, to go up 3-0 in the first round series as announcer Jack Edwards made the signature call of his broadcasting career, insinuating that the Habs were the "redcoats" on this Patriots Day and that the Bruins were the do-good, "rag-tag farmers" that conquered the overbearing empire.

At TD Garden that same night, the Celtics and Bulls were in the midst of staging what would become widely regarded as the finest first round NBA playoff series of all-time. Old pal Ray Allen hit a game-winning 3-pointer with two seconds left on the clock and the C's held off a scorching Ben Gordon (who poured in 42 points) to beat Chicago, 118-115, in Game 2 of that epic series.

All of the festivities wrapped up around 11 p.m. that night, or in other words, 12 hours after the first pitch at Fenway had been delivered.

It's not easy to cross the finish line of a marathon, but Tuesday hangovers be damned, we take the third Monday of April in Boston one hour and one Solo cup at a time.

The Buch stops here

Clay Buchholz / GETTY IMAGES

Buchholz brilliant in Sox win over Rays

In one of the more dominant pitching performances by a Red Sox pitcher in recent years, Clay Buchholz spun a two-hit shutout over eight innings in a 5-0 Sox win over the Rays yesterday.

Buchholz took a no-hitter into the eighth inning where Kelly Johnson's broken bat single to shallow right broke up his attempt at his second no-hitter. The 28-year-old did record 11 strikeouts, which is a new career-high. His ERA now sits at 0.46 on the year and he is 3-0.

The two teams close out the series this morning in the annual Patriots Day game beginning at 11 a.m. (NESN). Ryan Dempster will take to the mound for the Red Sox and be opposed by Jeremy Hellickson. **RYAN HANNABLE**

Not so fast

Steelers match Patriots' offer for WR Sanders

The Ben Roethisberger will get his way.

Speedy wide receiver Emmanuel Sanders will be back with the Steelers after they matched his offer sheet from the Patriots. He signed a one-year, $2.5 million deal.

"Glad the business side is out of the way," Sanders tweeted after the deal was signed.

If the Steelers hadn't brought back the slot receiver they would've received a third round draft pick from New England. Roethlisberger had reportedly lobbied for the team to bring back Sanders, who had 44 catches last season. **METRO**

Bruins still with chance to improve on seeding

NHL. A huge matchup with the Penguins looms this Friday if the B's can take care of business in the two games beforehand.

Patrice Bergeron is close to a return for the Bruins. / GETTY IMAGES

There aren't even two weeks left in the 2013 NHL regular season, and the Bruins have just seven games remaining (five home, two away) before the playoffs begin on April 30. Despite a brutal 4-2 loss in Carolina on Saturday, they are still in good shape, being just one point behind Montreal for first place in the Northeast Division. And even though they don't play head-to-head again, four of the Canadiens' last seven games are on the road.

This upcoming week is pivotal for the B's as they have four games in a row at TD Garden: tonight vs. Ottawa (7 p.m., NESN), Wednesday vs. Buffalo, Friday vs. Pittsburgh and Sunday afternoon vs. Florida. Boston has the best home record (14-3-2) in the Eastern Conference so if they are going to make a move, now is the time.

Do-everything center Patrice Bergeron has been practicing with the team this past week and he traveled to Carolina but didn't suit up for the game. It sounds like he could be back this week which would be huge for the B's who are 3-3-0 since he got a concussion against Ottawa on April 2. Brad Marchand's return seems further away. The other player that will be added to the mix is the mysterious Carl Soderberg, who the Bruins obtained in a 2007 trade but has played his entire career in Sweden since that time. It's hard to figure out what to expect from him but Bruins brass is confident that he will be a better option than the likes of Jordan Caron, Kaspers Daugavins and Jay Pandolfo going forward.

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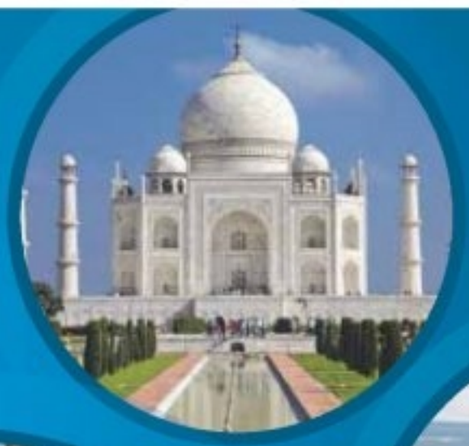
- Order of Notice

Contact the Metro today and find out how we can help while saving you money!

Herman Miles: 617-532-0105

Grand Circle

Worldwide discovery at extraordinary value



WOULD YOU LIKE THE OPPORTUNITY TO BE PART OF THE EXCITEMENT OF THE TRAVEL INDUSTRY?

Due to our continued growth we are seeking customer-focused individuals to join Grand Circle Corporation

CUSTOMER SERVICE ASSOCIATES

Work with our Traveler Support Team in our dynamic inbound call center. You will build relationships with our travelers, converse about far away destinations, and send our travelers on the journey of a lifetime. You will assist our clients by answering their questions regarding their trips and resolving their issues via phone and email.

Passion for Travel & Prior International Travel Experience Preferred.
Prior Call Center Experience Preferred.

Grand Circle Corporation is a premier direct marketer and the world leader in international travel, adventure and discovery for Americans over 50. Headquartered in Boston, MA, we are a $500M global enterprise with 30 regional offices worldwide that employs more than 2,000 associates.

Please visit www.gct.com/careers to apply

Call center located: GCC Corporate Headquarters
347 Congress St. Boston, MA

Accessible by MBTA-Two blocks from South Station

www.metro.us

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Don't forget that **Wed. April 24th** is **Professional Administrative Assistant's Day**.

Cupcakes make a great gift for the folks that have all that incriminating evidence against you. Find your nearest shop, or order online, at **crumbs.com**

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